



Daily prayer during Lent

O Lord, open our lips
and our mouth shall proclaim your praise.
Hear our voice according to your faithful love
according to your judgement give us life.

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.
In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

The Lord is full of compassion and mercy,
slow to anger and of great kindness.
He will not always accuse us,
neither will he keep his anger for ever.
He has not dealt with us according to our sins,
nor rewarded us according to our wickedness.
For as the heavens are high above the earth,
so great is his mercy upon those who fear him.
As far as the east is from the west,
so far has he set our sins from us.
As a father has compassion on his children,
so is the Lord merciful towards those who fear him.
For he knows of what we are made;
he remembers that we are but dust.
Our days are but as grass;
we flourish as a flower of the field;
For as soon as the wind goes over it, it is gone,
and its place shall know it no more.
But the merciful goodness of the Lord is from of
old and endures for ever on those who fear him,
and his righteousness on children's children.

Psalm 103.8-17

Opening Prayer

The night has passed, and the day lies open before
us; let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. **Amen.**

Psalms & Readings

One or more set readings for the day are read.

1 John 3.1-3

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Responsory

Awake, O sleeper, and arise from the dead

And Christ shall give you light.

You have died and your life is hid with Christ in God.

Awake, O sleeper, and arise from the dead.

Set your minds on things that are above,
not on things that are on the earth.

And Christ shall give you light.

When Christ our life appears you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,
and Christ shall give you light.**

from Colossians 3

Intercessions are offered.

☩ for the day and its tasks

☩ for the world and its needs

☩ for the Church and her life

The Collect of the day

Almighty Father,

whose Son was revealed in majesty

before he suffered death upon the cross:

give us grace to perceive his glory,

that we may be strengthened to suffer with him

and be changed into his likeness, from glory to
glory;

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

Amen.

The Lords Prayer

As our Saviour taught us, so we pray

Our Father...

May God our Redeemer show us compassion and
love.

Amen.

Let us bless the Lord.

Thanks be to God.